



VEAL AND SALMON CROQUETTES: Combine veal, salmon and applesauce with herbs and Quick Cream of Wheat Cereal in delicious croquettes—serve with vegetable-stuffed tomatoes for an easily prepared luncheon.

Minister to Observe Anniversary

Joel Rivers, minister of the Lomita Christian Church, 25512 Walnut St., in Lomita, will celebrate his fifth anniversary with the church today. He will start his sixth year by preaching, "My First Sermon."

Pastor Rivers was called to the church while the congregation was still meeting in a residence on the front of the church property.

The church has completed two building programs and is preparing to start its worship sanctuary, according to Harry Hayden, chairman of the board of elders.

Harold McFarland, representative of the Churches of Christ Building and Loan Fund, will discuss investing funds at 6 p.m. vesper service.

Mahi Mahi Stuffed Fillets Tantalize Lenten Palate

There is no need to subject your family to drab, unimaginative sea food meals during the final days of the lenten season—when the world is full of delicious, exciting recipes to tempt the palates of even the most exacting gourmets.

There is an infinite variety of types of fish and these can be prepared in almost any way imaginable: fried, boiled, broiled, baked, sautéed, barbecued; in soups, casseroles, on skewers, as steaks; pickled, marinated, dried, smoked. For a change try baked stuffed fillet of Mahi-Mahi.

- BAKED STUFFED FILLET OF MAHI MAHI**
- 1 pkg. frozen mahi mahi thawed
 - 3 tablespoons melted butter or margarine
 - salt and pepper to taste
 - 3 cups bread crumbs
 - 2/3 cup chopped celery
 - 1/2 cup chopped little green onions
 - 2 tablespoons chopped parsley
 - 1 teaspoon thyme
 - 1 teaspoon marjoram
 - 1 teaspoon tarragon
 - 2 tablespoons dry Vermouth
 - 1 egg, well beaten
 - 3/4 cup dry white American wine

Coat Mahi Mahi with melted butter and season with salt and pepper to taste. Combine bread crumbs with the next six ingredients. Moisten with a little white wine if necessary. Bind with the egg. Now place half of the fillets on a greased baking dish,

Applesauce Adds Dash to Croquettes

- VEAL AND SALMON CROQUETTES**
- 2 tablespoons butter or margarine
 - 2 tablespoon chopped onion
 - 2/3 cup applesauce
 - 1 cup milk
 - 1/2 cup quick cream of wheat cereal
 - 1/2 teaspoon salt
 - 1/2 teaspoon pepper
 - 1/4 teaspoon basil
 - 1/4 teaspoon rosemary
 - 1 pound ground veal, cooked
 - 1 1-pound can salmon, drained
 - 2 eggs, slightly beaten
 - 1 cup Nabisco cracker meal

Melt butter or margarine in a saucepan. Sauté onion until lightly browned. Add applesauce and milk. Bring to a boil. Add Quick Cream of Wheat Cereal sprinkling over the surface of the milk. Cook for five minutes. Add salt, pepper, basil and rosemary. In a bowl, combine

ground veal and salmon. Add Quick Cream of Wheat Cereal mixture and blend thoroughly. Chill for 1/2 hour. Form into croquettes, allowing about 3/4 cup of each roll in Nabisco Cracker Meal again. Fry in deep fat at 380 deg. F. until golden brown, about 10 minutes. Drain on absorbent paper. Makes 15 croquettes. Serve with vegetable stuffed baked tomatoes and cheese biscuits, if desired.

Jehovah's Witnesses to Gather

Hermosa Biltmore ballroom will be the scene of the coming Circuit Assembly of Jehovah's Witnesses, California. Circuit 16, May 17 to 19, it was announced yesterday. The program will emphasize the theme "Right Kind of Ministers."

Announcement was made by Leonard Olliff, presiding minister of the Torrance Congregation of Jehovah's Witnesses.

Highlight of the convention will be an address by Theodore Jaracz, district supervisor, on the topic "Who Will Win the Struggle for World Supremacy?"



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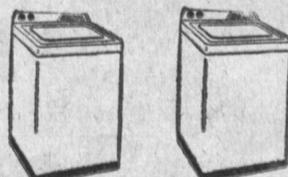
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